



HARROW
INTERNATIONAL SCHOOL

BANGKOK

Parent Handbook

WELCOME TO HARROW BANGKOK



Welcome to Harrow Bangkok, the original Harrow International School in Asia and now mature and thriving with 1,500 students on our green 35 acre site in North Bangkok, Thailand.

All that we do in our School reflects our mission statement, Leadership for a better world. Whether within lessons, in our care and guidance of our students or the diverse extra-curricular activities on offer, we focus on developing in our young people the attributes and desires to make a positive difference to the communities that they encounter, both now or in the years to come.

Harrow International School Bangkok is located in North Bangkok, conveniently close to Don Muang International Airport. The School operates on a spacious and green 35 acre campus, and we are celebrating the creation of a host of new facilities, and the redevelopment of existing buildings.

Sporting facilities include the new multi-purpose athletics centre, called 'The Den', plus a large air-conditioned Sports Hall, a Gymnastics Hall, a swimming pool, a fitness suite, a climbing (bouldering) wall and six recently refurbished floodlit tennis courts and rugby, cricket and football fields, also floodlit. Harrow Bangkok has its own lake, used for a variety of water sports and activities, including sailing, kayaking, wake boarding, dragon boat racing, adventure races and raft challenges.

WELCOME TO THAILAND: COUNTRY BACKGROUND

Thailand is a country on Southeast Asia's Indochina peninsula known for tropical beaches, opulent royal palaces, ancient ruins and ornate temples displaying figures of Buddha, a revered symbol. In Bangkok, the capital, an ultramodern cityscape rises next to quiet canal and riverside communities.

Thailand is a wondrous kingdom, featuring Buddhist temples, exotic wildlife, and spectacular islands. Along with a fascinating history and a unique culture that includes delectable Thai food and massage, Thailand features a modern capital city, and friendly people who epitomize Thailand's 'land of smiles' reputation.

Fun Facts

- The word Thailand means 'land of the free'
- 90% of the Thai population are Buddhist
- Muay Thai boxing is Thailand's national sport and is known as 'the art of eight limbs'
- We call it Bangkok, but its full ceremonial name is Krungthepmahanakhon Amonrattanakosin Mahintharayutthaya Mahadilokphop Nopparatratchathaniburirom Udomratchaniwetmahasathan Amonphimanawatansathit Sakkathattiyawitsanukamprasit (a Tweet- busting 169 characters)

It is the world's most visited city in the world according to the Global Destinations Cities Index, ahead of London. It will welcome 16 million international arrivals this year.



USEFUL INFORMATION FOR TOURISTS

Visa Information

Thailand is a welcoming country for visitors. Currently, there are 48 countries that are not required to obtain a visa when entering Thailand for tourism purposes and will be permitted to stay in the country for a period of not more than 30 days on each visit. To see the full list visit: <http://www.thaiembassy.ca/en/visiting-thailand/visas/tourist-visa-exemption>



Currency and ATMs



The unit of currency in Thailand is Baht. Cash is easy to withdraw from ATM's as many global banks have partnerships operating out of Thailand. Alternatively, you will find many currency exchange bureaus at the airport as you arrive. These are situated immediately after the baggage reclaim area.

As a predominantly cash country, you will find ATM points in most hotels and shopping malls. Harrow International School also has a Siam Commercial Bank (SCB) ATM point located on the campus. Overseas cards may be subject to charges.

Taxis

If you are planning to take a taxi, please ensure you carry small denominations of bank notes (20, 50, 100 baht notes) as drivers are unlikely to provide you change from 500 and 1,000 baht notes.

The use of Toll Roads is common and usually the fastest way to get about. If you are in a taxi, the driver will ask you to pay for the toll directly. This is common practice and is not added to your final fee.



Montri Transport Corporation PCL. for private transport booking www.montri.co.th

Ms. Kunnikar K. (Oun)/ Customer Service Dept.

Tel : + 66 2 906 0160 Ext.351 Cellphone : +66 86 341 3689

Fax : + 66 2 517 9207 Email: cr.admin@montri.co.th

Useful Website for Transport in Bangkok:

<http://www.tourismthailand.org/About-Thailand/Travel-around-Thailand>

<https://www.tripadvisor.com/Travel-g293916-s303/Bangkok:Thailand:Public.Transportation.html>

<http://www.bangkok.com/information-travel-around/>

HOTEL INFORMATION AND OPTIONS FOR VISITING PARENTS.

As Harrow Bangkok is located in close proximity to Don Muang International Airport, if possible, we recommend flying into this airport rather than Suvarnabhumi International Airport, located on the southern side of Bangkok.

Here is a list of recommended hotels, chosen for their proximity to the School.

Hotel	Distance to school	Website
Mida Airport Hotel, Bangkok	2.3km	www.midaairporthotelbangkok.com
Miracle Grand Hotel	5.2km	www.miraclegrandhotel.com
Centara, Chaeng Wattana	6.1km	www.centarahotelsresorts.com/centra/cgc/
Amari, Don Muang, Bangkok	6.5km	www.amari.com/donmuang/
Rama Gardens Hotel and Resort	9.3km	Has walkway access into Don Muang Airport www.ramagardenshotel.com/ (note: Due to the location of the hotel near the toll way, the route from Harrow Bangkok to Rama Gardens is about half the distance, 5.5km)
Centara Grand, Central world	22.6km	www.centarahotelsresorts.com/centaragrand/cgcw/

There are numerous hotels in Bangkok to suit all tastes and budgets. If you would like to stay downtown, then feel free to ask for advice about where to stay and we would be happy to help.

USEFUL AND EMERGENCY PHONE NUMBERS

HARROW INTERNATIONAL SCHOOL BANGKOK CONTACT LIST	
Harrow Bangkok Main Reception	+66 (0) 2503 7222
Sports and PE Office	+66 (0) 2503 7222 Ext: 1705
Director of Sport – Mr Preston	+66 (0) 94 963 1589
Sport Administration Manager - Ms Tul	+66 (0) 99 092 8787
School Nurse - Nurse A	+66 (0) 85 199 6961
Transport Customer Service - Ms Oun	+66 (0) 86 341 3689

LOCAL USEFUL AND EMERGENCY PHONE NUMBERS	
Medical Emergency Call	1669
Ambulance and Rescue	1554
Police (General Emergency Call)	191
Tourist Assistance	1337 ext 9

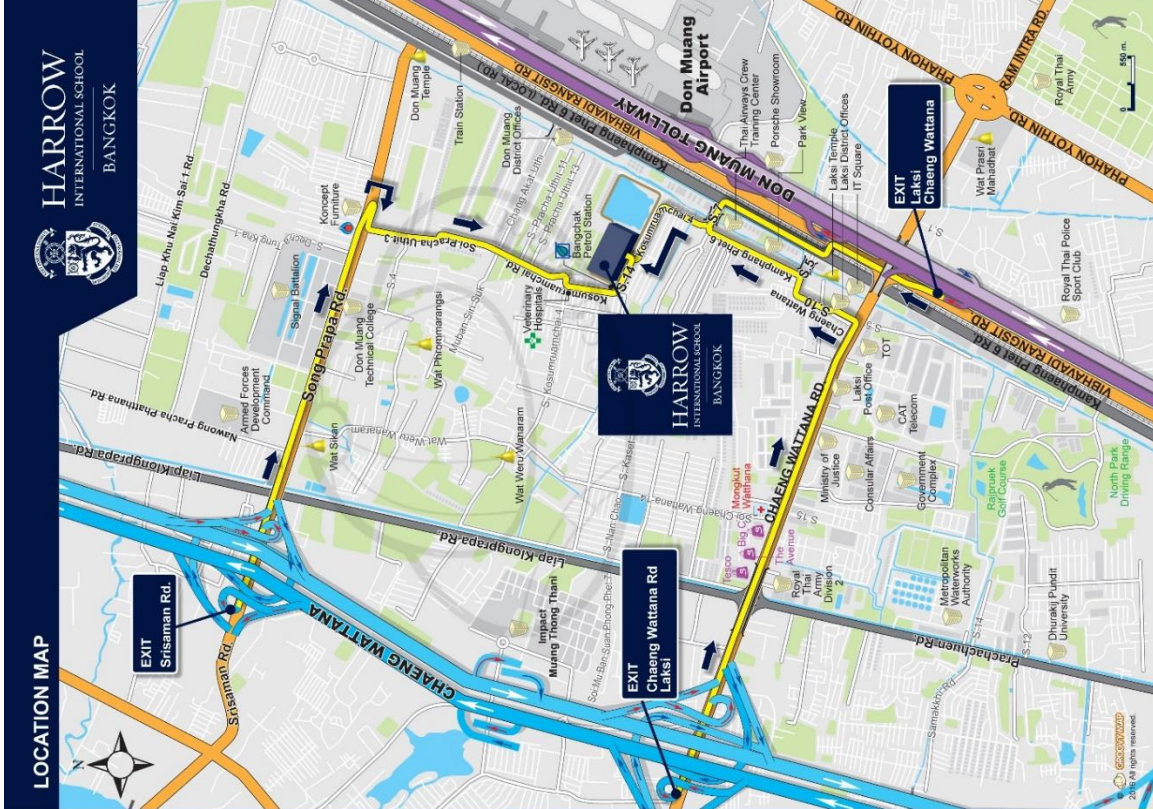


Connect to Wi-Fi “Harrow Events”

Password: leadership@2016

MAP OF SURROUNDING AREA

<http://www.harrowschool.ac.th/contact-us.aspx>



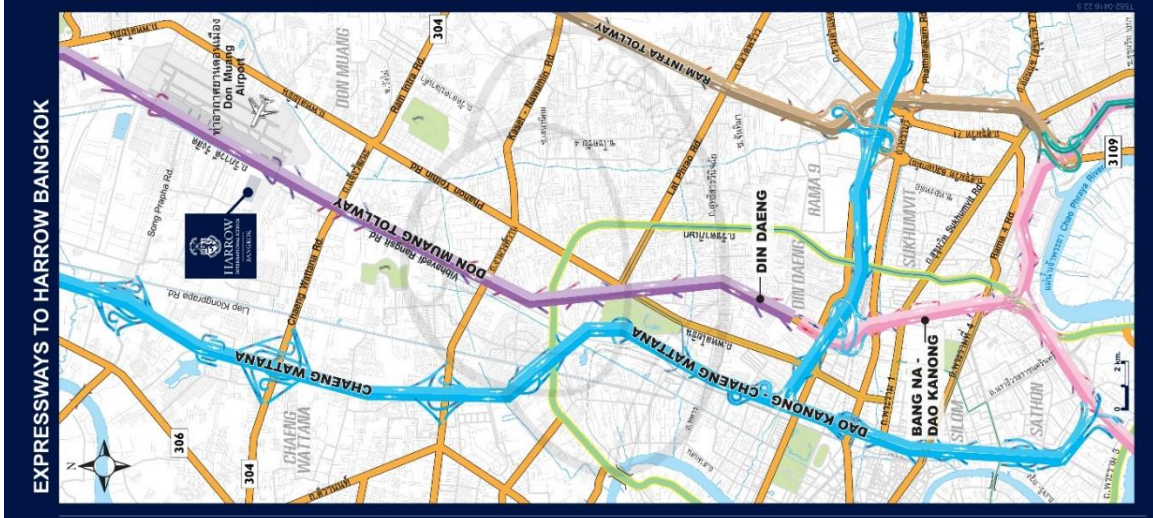
DIRECTIONS

- DON MUANG TOLLWAY :**
Take the Don Muang Tollway, exit at Laksi and stay left to turn on to Kamphaeng Phet 6 Rd., and turn left at Soi 7. Look for Harrow signs and make left available right into Kosumumachai Rd. Follow signs to Harrow.
- DAO KANONG - CHAENG WATTANA EXPRESSWAY :**
Take the Chaeng Wattana (Laksi) Exit, and head East. Turn left at Chaeng Wattana Soi 10 and follow signs to school, or continue East towards intersection with Kamphaeng Phet 6 Rd. Turn left and head North for 700m, past The Airways Crew Training Center, and turn Left into Kosumumachai Rd. Follow signs to Harrow.
- SRI SAMAN EXIT**
To cross over train tracks, U-turn opposite Konzept Furniture, turn left into soi Pracha Uthit 3, go straight for 3 Kms. (approx), turn left to Veterinary Hospitals until Bangchak Petrol Station, turn left to Soi Kosumumachai 14.

LEGEND

Don Muang Tollway	Don Muang Tollway
Bangkok - Rama 9 - Chaeng Wattana	Chaeng Wattana - Rama 9 - Bangkok
Dao Kanong - Din Daeng - Bang Na	Bang Na - Din Daeng - Dao Kanong
Dao Kanong - Rama 9 - Ban Nua	Ban Nua - Rama 9 - Dao Kanong
Bang Na - Ai Nuaong	Ai Nuaong - Bang Na
Entrance	Exit
Outer Ring Road	Outer Ring Road
Rachadapisek Ring Road	Rachadapisek Ring Road
Main Road	Main Road
Road, Soi	Road, Soi
River, Canal	River, Canal
Bridge	Bridge
Railway	Railway

HARROW INTERNATIONAL SCHOOL BANGKOK
Address - Harrow International School Bangkok, 45 Soi Kosumumachai 14, Kosumumachai Rd., Sihan, Don Muang, Bangkok, 10210 Thailand
Tel : +66 (0) 2503 7225 Fax : +66 (0) 2503 7223
โทร : +66 (0) 2503 7225 โทรสาร : +66 (0) 2503 7223



MEDICAL INFORMATION AND USEFUL NUMBERS

Medical services at Harrow Bangkok:

Throughout the Games we will have a nurse station conveniently located to help all our visitors and athletes.

Harrow Bangkok has fully staffed and equipped medical centers. Should we need to take an athlete for non-critical hospital treatment our on-site nurses will facilitate. Staffs are requested to ensure that they can provide all necessary contact details and documents for insurance purposes and have the funds to cover expenses incurred.

Medical services outside Harrow Bangkok:

1. Emergency Services: dial 1669 (English service)

2. Mongkutwattana General Hospital

24 hour emergency telephone number: +66(0)-2574-1000

Distance from School: 3.4km

3. Vibhavadi Hospital

24 hour emergency telephone number: +66(0)-2561-1111

Distance from School: 11km

4. Bumungrad

24 hour emergency telephone number: +662 667 2999

Distance from School: 21km

SECURITY

Visitor will be provided with security passes when at Harrow Bangkok. They should wear these on entrance to the campus and during the tournament.

FOOD AND DRINK AVAILABLE DURING THE COMPETITION

There will be numerous options available to visitors in our Parents Village.

As the School is not closely situated to any convenience store, we will be bringing those items you may require to Harrow Bangkok. All students will be provided with ample food and beverages, so should not need much else in addition. However, we will have a tuck shop open to help cater for our hungry athletes.

At our Food Village you will find all you need to help keep your energy up for the all-important role of supporter, including:

- Thai massage facilities
- Coffee shop
- Food stalls
- Souvenir vendors
- Air-conditioned areas for cooling off



THINGS TO SEE AND DO

Bangkok is divided into sub-districts, each with their own appeal. We have selected four of the busiest districts to help get you started.

Siam - Best for shopping

Shop at - Central World, Siam Paragon

Eat at - Siam Paragon Food Court has a huge array of international restaurants

Riverside - Best for culture

To do - Visit the Grand Palace, visit Wat Arun, take a river cruise

Shop at - China Town, Asiatique

Cocktails at - Sirocco, Top of the State Tower Building, Banyan Tree

Sukhumvit - Full of shopping, restaurants and hotels.

Shop at - Emquartier, Terminal 21

Eat at - Na Aroon, Soi 1 - Vegetarian Thai food (including seafood) cuisine, set in a beautiful Thai style house; Italian - Peppina, 27/1 Sukhumvit Rd; Indian – Charcoal, Soi 11

Don Muang – Home of Harrow International School

Shop at – Chatuchak weekend market, Central Lad Prao, IT Square

Eat at – Foodland (inside IT Square), quick and easy and close to Harrow Bangkok;

Central Shopping Mall, Lad Prao – numerous options; The Bistro – located in Hyde Park, adjacent to Harrow Bangkok





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